

# WE ARE HIRING

## PART-TIME FITNESS MOTIVATOR

### PERSONAL SPECIFICATION:

#### ESSENTIAL:

- Level 2 Fitness Instructor qualification (or equivalent).
- Passion for health, fitness, and motivating others.
- Excellent communication and interpersonal skills.
- Ability to work flexibly, including early mornings, evenings and weekends.
- Commitment to delivering outstanding customer service.

#### DESIRABLE:

- Level 3 Personal Trainer qualification.
- Experience in leading group exercise classes.
- First Aid certification.
- Knowledge of current fitness trends and wellness practices.
- Experience working within a leisure or gym environment.

## JOIN OUR GYM TEAM!

### PART-TIME FITNESS MOTIVATOR

*Location: Plymouth Life Centre*

*Hours: (21 hours per week, MULTIPLE SHIFTS AVAILABLE)*

*Closing Date: 15 November 2025*

We're looking for an enthusiastic and inspiring Fitness Motivator to join our team! As a key member of our fitness and well being service, you'll help members stay active, motivated, and engaged in their personal fitness journeys. You'll provide support on the gym floor, deliver group sessions, and create an inclusive, positive environment that encourages people of all abilities to achieve their goals.

### KEY RESPONSIBILITIES:

- Motivate and support members to achieve their fitness goals.
- Deliver high-quality group exercise sessions and gym inductions.
- Maintain a safe, clean, and engaging fitness environment.
- Promote healthy lifestyle habits and provide basic fitness advice.
- Assist with events, campaigns, and member engagement activities.
- Contribute to the continuous improvement of our fitness offering.

### MAJOR GOAL:

To inspire and empower members to lead healthier, more active lifestyles by delivering exceptional fitness support, motivation, and guidance in a welcoming environment.

### **WHAT WE OFFER**

- Free membership
- Supportive and energetic team environment.
- Opportunities for professional development and training.
- Potential to extend contract or increase hours.

### **HOW TO APPLY:**

Send your CV and cover letter to:

**[val.gafincu@plymouthactive.co.uk](mailto:val.gafincu@plymouthactive.co.uk)**

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**CLOSING DATE: 15TH NOV 2025**

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